

MARYLAND DEPARTMENT OF HUMAN SERVICES

Anne Arundel County

Department of Social Services



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Director

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**Annapolis Family Support Center, Rotary Club of Annapolis  
Team Up To Celebrate Heart Month**

ANNAPOLIS, MD (February 15, 2018)—The Annapolis Family Support Center partnered this week with the Rotary Club of Annapolis to host a Heart Month celebration for a dozen young mothers on a path to self-sufficiency.



**Steve Schuh**  
County Executive

Mission  
*The Anne Arundel County  
Department of Social Services  
will assist County residents to  
achieve and maintain self-  
sufficiency; provide services to  
strengthen individuals and  
families; and join our  
community partners in the  
protection of vulnerable  
children and adults*

Other Locations

Glen Burnie Office  
Multi-Purpose Building  
7500 Ritchie Highway  
Glen Burnie, Md. 21061  
(410) 269-4500

Heritage Center  
2666 Riva Road  
Suite 390  
Annapolis, Md. 21401  
(410) 897-3950

Child Advocacy Center  
Winterode Building  
41 Community Place  
Crownsville, Md. 21032

During the Tuesday event, the women and their toddlers played games, danced, exercised, painted T-shirts together and ate a healthy morning snack prepared by Family Support Center staff. Before they left, each participant received a baby and mother care package and a special Valentine's Day gift. The Rev. Dr. Carletta Allen, pastor of Asbury United Methodist Church of Annapolis and a member of the Rotary Club of Annapolis, led the effort to collect and donate the items, which included diapers, wipes, toothbrushes, bottles, and many other basic necessities.

"We want these women to know we are their neighbors and we are proud of the work they are doing," said The Rev. Dr. Allen. "We hope these gifts of love will add some cheer on Valentine's Day and days to come."

Family Support Center staff wore red to commemorate Heart Month, observed each February to raise awareness about the dangers of cardiovascular diseases, which claim the lives of about one woman every 80 seconds unnecessarily. Eighty percent of cardiovascular diseases may be preventable with education and action.

The Annapolis Family Support Center is a Department of Social Services program funded by Maryland Family Network. The center provides free, comprehensive services to families, targeting parents and their children from birth through age three. The center promotes the optimal development of young children and assists parents to develop more effective parenting skills and fulfill their aims related to school, employment and family life. Referrals are welcome.

Pictures from this event can be downloaded [here](#) and are available for media use.

*\*Please note, all foster youth photographed had an image release signed.*

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